NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meet & Greet Chair Yoga Calendar review Card game	3 Hallway Walking What Am I? All About Music Bingo	4 Breathing Excercise Kickball Family Feud Bible Trivia	5 Arm Chair Exercise Sensory Balloon Toss Arys & Crafts	6 Coffee Social Fitness Friday Free Time Activities Movie & Popcorn
9 Move You Body Would You Rather Reminisce	10 Meet & Greet Chair Yoga Bingo	11 Veteran Day Morning Stretches Why Am I Thankful Parachute Ball Toss	12 Coffee Social Move to Music Group Puzzles Drummer	13 Coffee Social Leg Movement New Leaf Kitchen Friday Drive-In
16 Coffee social Morning Movement All About Music Card Games	17 Stretch & Breathe Name That Color Thankful Cards	18 Meet & Greet Stetches Bowling Guess What Am I?	19 Upper Arm Exercise Motown Trivia THANKSGIVING LUNCHEON	20 Coffee Social Jazzercise Connect 4 Friday Drive-In
23 Chair Yoga Name That Tune Sound The Same	24 Body Movement Ez Does it Trivia Parachute Toss	25 CLOSED	26 CLOSED	27 CLOSED
30 Breathing Exercises Name That Beat Group Puzzles & Memory				