

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BBQ Pulled Pork Beans Carrots	2 Salisbury Steak Mashed Potatoes Corn	3 LHOI CLOSED	4
5	6 Meatloaf Mashed Potatoes Spinach	7 Orzo Chicken Broccoli Carrots	8 Beef & Gravy Corn Mashed Potato	9 Cheddar Chicken Rice Green Beans Carrots	10 Lasgna Broccoli Carrots	11
12	13 Mushroom Pork Corn Rice	14 Chicken Parmesan Carrots Broccoli	15 Turkey Mashed Potatoes Red Peppers	16 Chicken Linguine Carrots Green Beans	17 Meatloaf Mashed Potatoes Spinach	18
19	20 Country Style Chicken Broccoli Carrots	21 Chipotle Chicken Rice Beans	22 Salisbury Steak Mashed Potatoes Corn	23 Chicken Alfredo Green Beans Carrots	24 Orzo Chicken Broccoli Carrots	25
26	27 Beef & Gravy Corn Mashed Potato	28 Cheddar Chicken Rice Green Beans Carrots	29 Lasgna Broccoli Carrots	30 Mushroom Pork Corn Rice	31 BBQ Pulled Pork Beans Carrots	

Meals are served with two vegetables, fruit, and wheat bread.

Drinks: Water, Coffee, Orange Juice, Tea, 100% Fruit Juice, Milk

Fruits: Apples, Oranges, Pineapples, Peaches, Pears