

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 Move to the Music Music Trivia Calendar Review	<h1>MAY</h1> <h1>2026</h1> <p>HAPPY MEMORIAL DAY</p> 
4 Move to the Music Music Trivia Calendar Review	5 Morning Stretches Let's Reminisce Louis the Magician	6 Exercise Sewing Club Meet What Am I? Arts & Crafts Velvet Art	7 Move Your Body Word Game: Sounds to beat of DRUMS	8 Bowling Afternoon Movie Super Bowl Celebration	
11 SITTERCISE EZ Does it Trivia Bingo	12 Stretch and Breath 1960s trivia Match Famous Duos All About Music	13 Coffee Chat Move and Groove Sing-A-Along APPLE PIE DAY	14 Exercise Kindness Daries Small Talk Game: Higher or lower	15 Chair yoga Friday Funday! Parachute Music Trivia	<p>Everyday Schedule</p> <p>9:00-9:45 Meet & Greet. Current Events, Coffee Club</p> <p>10:00 Scheduled Morning Activities</p> <p>11:30-12:00 Break for Lunch</p> <p>1:00 Scheduled Afternoon Activities</p> <p>1:30-2:00 Afternoon Snacks</p> <p>2:00 Participant Choice, Small Talk, Departure Time</p> <p>"Menu Planning" last Monday of the month.</p>
18 Exercise For the thought Jeopardy Trivia Menu Planning	19 Weightlifting (3lbs) Sorting Colors Paint with Brian	20 Arms in Motion Ring Toss Word Game	21 Chair Exercise Group Crossword Puzzles Sounds to beat of DRUMS	22 Morning Stretches Arts & Crafts Players Choice Memorial Day Party	
25  CLOSED	26 Parachute Toss EZ does it Trivia Word Game Arts and Crafts	27 Breathing Exercise Parachute Game: Guess The Scent	28 Legs in Motion Random Trivia Sensory Day	29 Friday Funday Color Club Ice Cream Social	
					