

**Department: Adult Day Service** 

**Position: PCA or STNA** 

**Employee Type: Full-time** 

Hours: 40 hours per week/Monday thru Friday

Hourly Rate: \$15 - \$20 per hour

#### **Position Overview:**

At Lincoln Heights Outreach, Adult Day Services (ADS), our dedicated staff play a vital role in delivering compassionate, high-quality care to seniors aged 60 and older who require support, supervision, and enrichment in a safe, nurturing environment outside of the home. Our goal is to create a welcoming and supportive environment where seniors can thrive, socialize, and receive the care they need while giving family caregivers peace of mind.

We provide a wide range of services designed to promote well-being, independence, and social engagement, including:

- Physical activities and cognitive exercises to keep minds and bodies active
- Respite care for family caregivers
- Skill assessments to support individualized care plans
- Nutritious meals and snacks
- Social and recreational activities
- Transportation to and from home
- Personal care assistance
- Health-related services
- Homemaking support
- Nursing services

## **Key Responsibilities**

- Assisting members with activities, and personal care.
- Assisting with the planning and facilitation of fun, creative and diverse recreational programs.
- Serving meals and assisting with meals.
- Engaging clients in suitable activities.

- Providing mobility support, including assistance with walking aids and wheelchairs.
- Maintain a clean, tidy, and safe environment.
- And others duties as assigned

#### **Qualifications**

- High school diploma or equivalent
- A minimum of two (2) years relevant experience in a supervised position to furnish personal care, to furnish activities, or to assist with activities
- Be listed with the Ohio Department of Health's Nurse Aide Registry
- Strong interpersonal skills and good communication when interacting with seniors, and family members/caregivers.
- Prior experience working with seniors preferred.
- Be able to:
  - o Push, pull, lift, transfer, pivot at least 50 pounds.
  - o Sit, Stand and/or walk up to 8 hours a day

### **Benefits**

- Health benefits including medical, dental, and vision coverage
- 403(b) retirement plan

# About Lincoln Heights Outreach Incorporated

Lincoln Heights Outreach Incorporated (LHOI) is a nonprofit 501 (c)3 organization located in the historic Village of Lincoln Heights and serving Lincoln Heights and surrounding communities. Established in 2012, we are committed to moving families towards self-sufficiency through our advocacy and outreach programs that cover a range of educational, human, and social services. Our mission is to empower families and individuals toward becoming self-sufficient through opportunities that impact their overall social, emotional, physical, mental, spiritual and economic well-being with the adjacent and surrounding neighborhoods in the city of Cincinnati and within Hamilton County Ohio. <a href="https://lincolnheightsoutreach.org/">https://lincolnheightsoutreach.org/</a>

LHOI is an Equal Employment Opportunity Employer (EEOE). We are committed to creating an inclusive and diverse workplace where all employees are valued and treated with respect.

To apply: Submit your resume to alogan@lhoicincy.net